



# Happy Halloween

# Happy Thanksgiving



# Foggy Bottom News

November 1990

Published for and by the Citizens of Foggy Bottom

Vol. 36, No. 2

## Saint Stephen Martyr's New Parish Center

By Mary Healy

In preparation for its 125th Anniversary in 1992, St. Stephen Martyr Parish has announced plans to build a new Parish Center. Construction is scheduled to begin this month.

According to Rev. Thomas J. Sheehan, Pastor, the new Parish Center will, among other things, provide administrative space, meeting and counseling rooms and residential quarters for parish priests.

This will complete the building program which began with the construction of the new Church in 1960, thus allowing St. Stephen's to carry out multiple parish activities and ministries as well as to provide assistance to general community affairs of Foggy Bottom.

The initial capital to fund the construction of the new facility has been realized by the sale in 1985 of Immaculate Conception Academy at 24th and K Street, and the investment of the proceeds since that time.

A fund-raising campaign will begin this month to raise the balance needed to complete the

construction. The goal of the campaign, which is entitled "Building on Our Past, Envisioning Our Future," is \$500,000.

The campaign, scheduled to run eight weeks, will be the final push to complete the financing of the construction of the new Parish Center which has been on hold for several years due to lack of funds.

The new Parish Center will replace the present Rectory which is adjacent to the Church at 25th and Pennsylvania Avenue. The current Rectory is in poor physical condition and its mechanical systems are obsolete.

The new Parish Center will house the multiple activities and ministries of a modern Catholic parish. The Center is designed to harmonize with the adjacent contemporary church and with other frontage on Pennsylvania Avenue. Plans for the Center, designed by Smith-Blackburn-Stauffer, architects in Georgetown, have resulted in a proposed building which is essentially the same size as the present Rectory.

In 1867, the Church of St.

## Hear the Candidates at FBA Meeting

At the October 29 FBA meeting hear candidates for Council Chairman and D.C. Delegate to the U.S. House of Representatives. Scheduled to appear are Ward 2 Councilmember John

A. Wilson, candidate for Council Chairman. His Republican Party opponent, Scott P. Boylan, has also been invited to appear.

The main candidates for D.C.

Delegate also have accepted FBA's invitation to appear. Democrat Eleanor Holmes Norton and Republican Harry M. Singleton are expected to speak as well.

Stephen Martyr was created to fill the void in Foggy Bottom for a central location where Catholic worship could take place. The old Church served the Catholic community at the southeast corner of Pennsylvania Avenue and 25th Street for 92 years until it was deemed no longer adequate.

The church currently serving the community was built on the same site in 1960. As we move into the 90s, another fixture of the Parish has become outdated and no longer fits the needs of the area — the "Rectory." The current Rectory was planned only as a residence but has served as both a residence and a Parish Center for many years.

The Parish programs as we know them are the result of the tremendous efforts of Father Sheehan, who has seen that its excellent religious and social programs are carried out in a building intended to serve merely as residential quarters for the parish priests.

## Foggy Bottom Association MEETING

Featuring Candidates for:

**D.C. Council Chairman**

and

**D.C. Delegate**

**MONDAY, OCTOBER 29  
8:00 P.M.**

**St. Paul's Parish House  
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## Be There on November 6 — Election Day!!

It's essential that each one of us is at the polls on November 6 — to vote for a new Mayor, Council Chairman, two at-large members of the Council,

ANC Advisory Neighborhood Commissioners — and on Referendum 005 (Emergency Overnight Shelter Amendment — the homeless program initiative.)



## The Big Engine That Could

Something new, red and white, automotive and mechanically inclined has made an appearance in the 2100 block of G Street. It might be called the bright and

1968 Ford, and now outranks its other engine, a 1980 Ford.

Three platoons of five firefighters work 24-hour shifts every three days, and each shift

at 23rd & M Streets.)

Pictured are the members of one of the three platoons, posing in front of the new truck: Firefighters Aveilke Turner, Mike



shiny new toy of the men at Engine 23, but it's not a toy at all, and it packs untoylike power.

Bearing a price tag of about \$135,000, the new Ford is the pride and joy of the firefighters at 23. It replaces the station's oldest piece of equipment, a

is led by a Captain, Lieutenant or Sergeant. The D.C. Fire Department requires that at least one firefighter on each shift be a trained Emergency Medical Technician; in one platoon at 23 there are 3 EMTs. (An ambulance is stationed at Station #1

Blair, Wayne Conerly, Captain Gary Dwyer, and Firefighter Earle Bedney.

(ED. NOTE: The station actually has one of those famous brass poles, and the writer witnessed a firefighter using it to respond to an alarm.)

### HELPFUL HINTS

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November 1990

Volume 36, No. 2

## Foggy Bottom News

The *Foggy Bottom News* is a publication of the Foggy Bottom Association. All editorial assistance is contributed on a volunteer basis by residents of the area.

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## OUT OF THE FOG

By David Fothergill-Quinlan

### A FRAKTURED FAIRYTALE

Once upon a time in a foggy land far away, there was great happiness. Gentrification had come upon the land and the Subjects lucky enough to buy cheap huts and fix them up, thus driving out the poor Native-Born Subjects, were supremely happy. During the next few years the Great Seat of Learning in their midst also started buying up this bottom land, moving the Sharecroppers out of the area and snaking their buildings all through this peaceful kingdom. The Gentry worked with the Great Seat for a while, but began to abhor Great Seat Students revelling noisily in their frivolity and partaking heartily of strong grog and the Subjects; beautiful unobstructed view of the realm began to disappear.

But institutional castles started to spring up in the southeast area of the kingdom. Then the Schemers with many gold ducats and cold hearts started building transient palaces where sojourners could spend the night. Eventually the Gentry had enough of the golden coaches bringing sojourners into the kingdom, because they (their huge horses) were creating pollution. So they instituted a coach ban in the historic part of the kingdom. For a while this brought harmony, but the Schemers wanted to build more trade castles and as dwelling prices in the land became very high, the Schemers also wanted to build higher and higher luxury palaces.

In a period of fifteen years the whole of the foggy land was built up. The charming village huts (many with affordable rental units) were torn down and the Schemers and the Great Seat of Learning had all but overrun the land. Many complacent Subjects only complained about keeping the land for the Subjects — not the Schemers. Those who did care ran up against

constant moat blocks in their attempt to stem destruction and stop the Castle-Building Schemers from making bigger and better PROFITS.

In all this confusion, what was the local Advisory Princes Round Table (APRT) doing to help the Subjects? Many felt that they were doing little, perhaps even helping the Schemers, at times, to scheme away. One member, the Fair One, cried out for the Subjects in the realm but she was often voted down. Most of the others appeared to adopt an ambivalent mode of thinking on castle-building and palace renovation. Several times when the Subjects grumbled, APRT member Lady Cum told them that they could vote them off the Round Table at the next Tournament, if they desired.

So the Subjects thought and grumbled and marked their time. About five moons before the next voting time, two active maidens hatched a plot. They would launch a campaign of "concerned subjects" to oust the varlets from the Advisory Princes Round Table. They urged all Subject Activists to work with them and come out to a big assembly. More than 30 subjects attended that first assembly. The two maidens spouted on about the problems of the realm, what should be done, and vowed to put up a group of new princes to oust the old Princes who appeared to support the Schemers and rampant castle-overbuild. Then the Younger Maiden spread a trumped up "decree" about the things the old Princes did and later falsely attributed this "decree" to the bountiful Lady Fog. This caused quite a stir in the kingdom but at the next assembly there were only 15 "concerned subjects" (including new faces). After two moons there were no "official" candidates, no platform, and no campaign. Things were happen-

ing, but the Maidens were running the pageant and not the "concerned subjects."

And a Pageant it was! One of the offending round table members decided to move to another land. Another one simply decided to take her gum elsewhere. A third member spoke to the new candidate opposing him and he also stepped down. Before the smoke cleared, one more left the ring with only two original Advisory Princes Round Table Members left to joust in the tournament. The Younger Maiden was excited at the wonderful "victory" won by the "concerned subjects (the two maidens)."

Now there was just one offending prince remaining. Oh, but such a prince! He was the Silver Prince, Head Prince of the Roundtable. He was feared and hated by the Maidens, especially by the Younger Maiden. Under the guise of the "concerned subjects," the two maidens exploded a plot to make the Silver Prince step down from the tournament. The Younger Maiden worked very closely with her personal recruit, the Avowed Newcomer, the Silver Prince's competition in the Tournament. The Younger Maiden earlier stopped the comely Lady Fog from possibly becoming a candidate, because Lady Fog could not deign to accept the Younger Maiden's divisiveness and her request that Lady Fog conduct an axe and spear campaign against the Silver Prince. In another part of the realm, the Younger Maiden intimidated another newcomer to drop out of the tournament

and not to oppose her hand-picked candidate.

The Avowed Newcomer listened carefully to the words of the Younger Maiden. She told him to approach the Silver Prince over a flagon of ale in the west end of the kingdom and to let him know that if the Silver Prince did not withdraw from the tournament that the Avowed Newcomer and Company would expose the fact that the Silver Prince did not witness every "X" he obtained from the subjects on his tournament petition. He also said that the Silver Prince would be fined and sent to the deadly dungeon. Furthermore, he said he would conjure up a subject who would swear testament against the Silver Prince before the Forum of the Voterium. The Silver Prince listened but realized that his recruit shared the dubious tactics of the Younger Maiden. In the final javelin throw, he decided he had the right as a citizen of the realm to run and did not like the idea of being forced out of the tournament.

The Avowed Newcomer, with coaching from his mentor Younger Maiden, went with the other Maiden to a Forum of the Voterium. He swore testament against the Silver Prince, who had more than the required legitimate Subject's "X's" on his petition. The Avowed Newcomer alleged that he was told by the Grand Votery that if even one "X" was unwitnessed, the Silver Prince would be disqualified from the tournament.

When questioned by the Voterium, the Grand Votery said he was not that definite in his statement and later the Avowed Newcomer admitted that the Younger Maiden obtained this information, not he. The Voterium roused the complaint but admonished the Silver Prince.

Many of the Subjects were happy that they would be electing almost a completely new Advisory Princes Round Table. They felt that this would be good even though they knew that the new candidates had limited community participation in their sectors of the realm and had never or seldom attended the monthly APRT meetings. They were, however, against the Schemers and the over-castling of the kingdom, and that was very good. They would try to work together to bring peace and tranquility back to the foggy land.

One point still seemed to be causing apprehension. If all of the new candidates selected under the ruse of "concerned subjects" were elected, only one, the Fair One, had APRT experience. If the Avowed Newcomer was elected, would he use coercion again? Were they going to "help" the newcomers to vote their "X's" on future issues of the APRT? It all depended on the Subjects. Did they become more active on the APRT to insure true democratic rule in their land?

Once upon a time in a foggy land far away, there was great happiness. . . .

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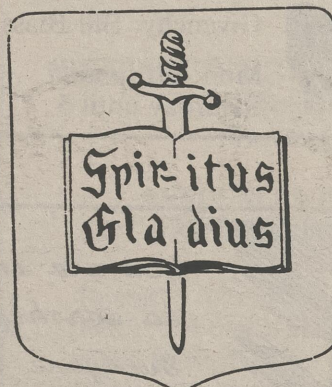
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*A warm welcome to our Foggy Bottom neighbors!*



## Biz Buzz

By Betty Olsen

Michael Mears of Randall Hagner Realty told me recently, "Business is pretty good in Foggy Bottom. Property values are holding their own and sales are good. It is just a good place to live for most people and they like living here." Thanks, Michael, we needed that.

Twice a year the George Washington University Medical Center sponsors a lecture series on various health topics. This fall bring a lunch and a friend to the free 1990 Fall Lecture Series. All lectures begin at noon in the Auditorium on the first floor of The George Washington University Hospital, 901 23rd Street. For more information, call 202-994-3415.

The Arts Club of Washington will have an exhibit November 6 through 25 in the first floor galleries.

Donatello, which has been serving northern Italian specialties on L Street at Pennsylvania, has opened a second restaurant, Bellavista, in Rosslyn, in the space formerly occupied by Windows. The menu at the new location, 1000 Wilson Blvd., 528-2600, I mean, 703-528-2600, includes an expanded offering of game and game birds.

Student mediators at George Washington University Law Center provide free dispute resolution for Metro area consumers. Using negotiating and

mediation skills, staff members help consumers and businesses resolve complaints without court action. The Consumer Help Line, 775-8567, operates weekdays, 9 am to 5 pm.

Photoworks at Glen Echo Park offers classes in basic, intermediate and advanced photography. Photographers may use the "open darkroom" Sunday 1 to 10 pm and Mondays, 10 am to 4 pm for \$5 per hour. Call 202-229-7930.

The Corcoran Gallery of Art is looking for volunteers who can work during the day in the museum office and at the information desk. People interested in art are also welcome to help out during evening and weekend events.

Call Betsy Applebaum, volunteer coordinator, 202/638-3211 ext. 508.

If you know of someone who is looking for a friend in the form of a pet write Pets for People, Checkerboard Square, St. Louis, MO 63164, for additional information. This service is provided through Purina Pets for People Program.

There are some changes being made at the Westin on M Street. The hotel's cheerful PR person, Heather Freeman, has moved to another hotel — all the way across the M Street bridge. From now on the Four Seasons will be making use of her talents.

It was also announced recently that a name change there is in the offing. In January the hotel will be known as ANA Hotel Washington, reflecting its new owners, All Nippon Airways. The Westin Hotels & Resorts company will continue to manage the 416-room hotel.

A new and unique company is now in business in the Dupont Circle area just north of FB. It is called 4D Recycling, Ltd., and it deals in products to help residents switch from a throw-away society to a recycling one. Its president, Douglas Morris, started the business not only to make money but to help the environment and help people save money on energy and water bills. For his "Home Recycling Catalogue," write 4D Recycling, Ltd., 2141 P Street, N.W., No. 204, Washington, DC 20037. The catalogue also contains a description of environmental organizations that you can designate to receive 5% of your order. (During the next few months, a number of recycling tips supplied by Morris will appear in the *FBNews*.)

We have heard from another local entrepreneur, Maripaz Felix, who is involved with a new game, PrimeTimes, due in video and game stores this fall. In the game, a player acts out the funniest and most memorable lines from film and TV show while teammates guess who said

From Those Who Know —

## Music For A Royal Occasion

The Choir of Men & Boys from St. Alban's Cathedral, England, will present a program of "Music for Royal Occasions" at St. Paul's Episcopal Church, 2430 K Street, N.W., on Saturday, October 27, at 8:00 p.m.

Barry Rose, Master of the Choristers, brings hands-on experience to the program. As the former choirmaster of St. Paul's Cathedral, London, he directed the music for the Royal Wedding of Prince Charles and Lady Diana Spencer, as well as for the Queen's Silver Jubilee Ceremony, the Queen Mother's 80th Birthday Celebration, and the funeral of Lord Louis Mountbatten.

The St. Alban's Cathedral Choir will perform works of Parry, Wesley, and Handel, and

other selections associated with Great Britain's royal ceremonial occasions.

On Sunday morning, October 28, the combined choirs of St. Alban's Cathedral and St. Paul's Church will sing the parish's Solemn High Mass at 11:15.

Both events are free (a donation is requested) and the public is invited. For further information call the church at 337-2020.

Other events in the *Music at St. Paul's* series include a December appearance by the Ampleforth Abbey Schola Cantorum, Yorkshire, England. This program of Christmas music will be the choir's second performance at St. Paul's and will mark their final concert under the direction of David Hansell.

Players may use the voice and mannerisms of the character and are encouraged to use props. The current edition of the game includes quotes from Dragnet's Bill Gannon (Harry Morgan), Bill Cosby, Roy Scheider in *Jaws*, Taxi's Jim Ignatowski (Christopher Lloyd), plus many others.

In addition, a new version, PrimeTimes2, is in preparation, and Foggy Bottom residents are asked to help develop it with their own favorite quotes. Felix says the quote-gathering for the second edition is in an early stage and entrants now might be the first to submit a quote that is used.

Maripaz said that while the lines are stand-alone funny it's usually even funnier to hear

your family and friends attempt to do voices. Unlike trivia games, she explained, the emphasis is on spontaneity and creativity and not on memory. "We think that the game will be so much fun that people won't care or remember who wins." The opposing team can award a point if an impersonation is especially good.

The quotes, unless they are especially famous, should be funny or interesting even if the other players have not seen the film or TV show. Entries should be mailed to *PrimeTimes*, P.O. Box 9357, Arlington, 22209 and should include your name, address and date of entry. If possible, the accuracy of the quote should be verified.

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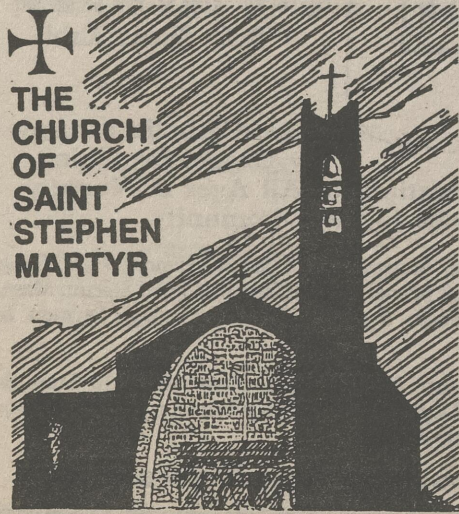
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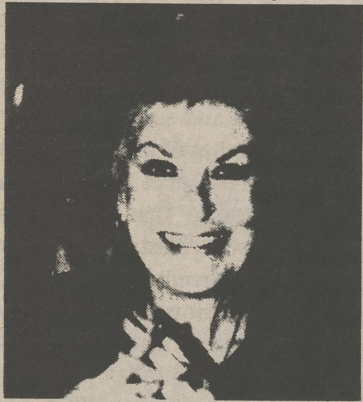
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## SIDEWALK TALK

By Betty Olsen



At an auction **Mardi** and **Mark Herman** won a stay in a Manhattan private residence, complete with jacuzzi, pool, etc. Youngest daughter **Sarah** had never been to New York so it was thrilling for her whole family to share the experience with her. She's five years old and there is only one stay like that first stay in the Big Apple. Now do your best to remember it, Sarah.

You should see the Hermans' place in Darlington, Md., over 300 acres called Red Oak in the prettiest countryside. It is in this verdant lushness that Mede Cahaba Stable has many of its horses and where Mardi trains them with her gentle but firm ways.

I'm sorry if this is not your car, but I have seen the prettiest car ever right here in Foggy Bottom. It is a baby blue Rolls Royce convertible with navy leather interior, burlwood trim dash and all kinds of motoring emblems along that gorgeous Rolls grille. The car belongs to **True Davis** of the Watergate (except in my dreams it is mine, alllllll mine).

**Elaine Lozier**, her husband, 92-year-old mother and son, 17, returned from two weeks in Germany highlighted by a stop in Oberammergau to see the

passion play that has been presented every ten years since the black plague hit that area many years ago. Lozier says if you want to go, book two years ahead; the next one will be presented in 2000, so pick up the phone now. They enjoyed driving on the autobahn with no speed limit, especially her husband who is a Westerner and her son enjoyed "spreichen zie deutsch" since he takes the language in school. The Loziers also stopped in Koblenz and Nurnberg, mostly staying in southern Germany. Her mother had been in a severe auto accident in which she broke her pelvis but with her cane and her decision to go she traipsed right along with the rest.

Did you attend the Open House at Kennedy Center? It was the sixth annual Open House Arts Festival and perhaps the biggest yet. First the weather was perfect and second it was right in the neighborhood. Lots of music and food, something going on and on everywhere.

**Jennie Lazowski**, a docent at the Kennedy Center, told me an interesting story as we walked home after the festivities underneath the prettiest rainbow I have ever seen in the city). She

told of a caricaturist who was asked if he could stay longer than his agreed sketching hours. When asked if they could afford his art a while longer, the answer was "no."

A man in the audience then took out a \$100 bill and asked if a citizen could pay for an extra hour. When the answer was a resounding "yes," people were delighted to continue standing in line to get their sketches done through his generosity. Thank you on their behalf, wherever you are; you certainly made a lot of people happy that day.

Not sure I like the new paving of the grassy area in front of the Kennedy Center. Hate for any of the green spaces in Foggy Bottom to be paved over, especially for more parking and for the Center's tramway proposal. (See *ANC Minutes* on page 9.)

Candidates came out at the recent Foggy Bottom Association forum and so did the locals. Saw **Mary Pat Touns**, **Handy Handyside**, **Jim Zais**, **Sandra Vonetes**, **Jack Evans**, **Pat Patterson** and **Paul Winick**, to name a few. Over 50 of us were present — where were you?

At the time of that Forum, **Jim Zais** — who actually lives

just north of FB in the Dupont Circle area — was indeed a "local," since he was in residence at the Bonwit on 24th St. watching out for **Alice Plais-ted's** VIP (very important pet). Her trip to some eastern European countries was not one of her happiest excursions, and both she and we are happy to have her back safe and sound.

At the regular Foggy Bottom Association meeting September 24 appeared an impressive D.C. government official. Appearing to talk about its work was **Marlene Johnson** of the Alcoholic Beverage Control Board. Among other things she discussed procedures for acquiring (and possibly protesting) liquor licenses. (Ellie Becker reports that the people at ABC, especially Mrs. Jenkins, are helpful when she applies for the FBA's license for each year's festival.)

People are still talking about their summer holidays, **Judie Thomas** got back to Wisconsin to that beautiful lake that she loves and where family still lives. **Henrietta Zoltrow** is still savoring that two-week Mediterranean cruise and looking forward to a Caribbean one soon.

**Ellie Becker** just returned with a mind-full-of-memories as she enjoyed her "roots" in Michigan and Wisconsin. Motored out with her sister and brother-in-law from Bethesda. Said the trees in Michigan's Upper Peninsula and in West Virginia's mountains took their breath away.

**Mike Niles**, who is a new board member of the Claridge House, is also a flying enthusiast. Says that recently when the weather was so bad coming in from lunch in Wildwood, N.J. they could only get clearance of 1500 feet. He exclaimed: "You could count the people in the cars on the Bay Bridge. Unbelievably beautiful, just unbelievable," he added. Now

that is what I call flying, Peter Pan style, when you can hover right below the heavens and over earth. Talk about a bird's eye view. Wave the next time you cross the bridge; Mike might be on his way home from lunch again.

Saw **Jessie Stewart** on her way to Watergate recently and she look mah-velous.

In December will come the first baby of **Dale** and **Jim McMahon**. Dale is the owner-manager of the Watergate Gallery. Catch up on your sleep now, Dale.

At the recent International Festival of Foggy Bottom at Columbia Plaza **Mary** and **Chris Lamb** were everywhere making sure that everyone had everything that they needed and wanted, well, almost, anyway.

Mary's sister **Kathy Hemlick** and her husband, **Mark**, were manning the table of gourds and garlies that their father, **Albin Kochanowski**, grows in Pennsylvania. Stand back unless you join in with a bud of your own every now and then. Chris made me a gift of two perfect garlies which I haven't decided whether to bronze or eat. Right now I'm leaning toward the latter, after he told me the medicinal and culinary uses of the root. **Sandra Vonetes** was one happy florist when she was able to buy all the gourds which were left from the Festival to use in autumn arrangements. Vonetes really deserved a buy since it was her van that was used making all the pick-ups and take-backs of the day.

Talk about sweethearts — those Sigma Chi's I hear — were just that doing so much of the set-up and break-down, and anything else that was needed. Every festival should be so lucky to have their presence. "How about those sweethearts, Bogie?"



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## Fall Fitness: Go For A Walk!

Autumn — with the bursting colors of the foliage, smell of crisp leaves, and refreshing little nip in the air — is just around the corner. And what better way to enjoy it than going for a walk. But how about turning that leisurely stroll into a new fitness program?

"Fitness walking" has become a very popular way to keep fit. It can provide cardiovascular and muscular conditioning, weight loss, and bodyshaping — while offering a less expensive, more convenient, and easier-to-do alternative to most other popular fitness activities. Plus, it's virtually injury-free, and is good for all ages.

So, how do you change your typical evening stroll into a sustained fitness activity? "You should begin by walking at a relaxed pace for 10 minutes, then work up to 20 minutes every other day at a brisk pace," says Barbara Gaydosh, a health educator at Group Health Association. This brisk pace entails working your arms more vigorously, extending their natural range of motion and picking up the pace of your stride. Continues Gaydosh, "After you have been walking briskly for 20 minutes, 3 days a week for a month, increase your walking time to 30 minutes, 4 or 5 times a week."

According to Gaydosh, you will soon notice that brisk fitness walking places new demands on all areas of your body

— including hips, buttocks, stomach, arms, and shoulders! To gain full health benefits, says Gaydosh, you should work up to and maintain your heart rate at 120 beats per minutes during your workout. "Older people can use a lower pulse rate, and younger and/or fitter persons a little higher," adds Gaydosh.

What about weight loss? Walking two-and-a-half miles in 30 minutes — enough to get your heart rate up to 120 — burns 320 calories! That's the same energy you'd burn swimming three-quarters of a mile, bicycling seven miles, or running for two-and-three-quarters miles. Since you're using more of your body's muscular system, you can actually burn *more* calories walking than running at the same pace! If you are walking for weight reduction, though, Gaydosh does recommend walking 5-7 days per week, for 30-60 minutes each time, maintaining intensity level at 40-70 percent of your predicted maximum heart rate or "PMHR" (PMHR = 220 minus your age).

After you've built up your basic conditioning by walking 30 minutes, there are several elements you can add to your basic walking fitness program to increase its benefits. Some "advanced" tips Gaydosh suggests are:

- **Improve your arm swing.** Pump your arms in a bent-arm

position (90-degree angle), close to the body, rather than letting the arms hang loose at your sides. Make a loose fist, and then swing your arms so that each of your hands reaches up to about mid-chest level with your elbow remaining at about your waist band (close to your body). This will help you take a longer, faster stride, and help the hips rotate.

- **Develop more power from your feet and ankles.** When your heel hits the ground, be sure your forefoot is at a 90-degree angle with the shin. When your foot flattens, push backwards and continue pushing backwards as you roll up on your toes. Use smooth movements rolling from heel to toe.

- **Keep your upper body relaxed and upright.** This will allow for a wider range of motion.

- **Extend your hips.** To encourage this, be sure each foot is coming down directly in front of the other. Lane markers or straight lines in a sidewalk are good for keeping on a direct course.

Finally, Gaydosh emphasizes the importance of a good stretch before and after each workout. Look for a few basic supplemental stretching exercises to improve hip, knee, and lower-back flexibility, as well as to keep muscles flexible and help pre-

## Andy Roman Concert Benefits St. Paul's Homeless Ministry

On Friday, October 19, a benefit concert for St. Paul's Episcopal Church Hunger Ministry was held at the Church. Approximately 75 people attended the concert which featured contemporary Christian singer/guitarist Andy Roman. A free-will offering was made and there was a reception after the concert in St. Paul's Parish Hall.

Andy Roman has been performing in various events in the Washington area for twenty years, becoming a major influence in the advancement of the Gospel through contemporary Christian music. His efforts include the "Jamming for Jesus" concerts featuring a wide variety of local talent as well as radio, television and recording productions on the East Coast and abroad.

St. Paul's Hunger Ministry has been providing food to the homeless and needy of the downtown Washington area for

over ten years. The Ministry founded the multi-denominational "Grate Patrol" program. In the program, a canteen van provided by the Salvation Army is staffed and supplied by various churches of the Washington area. They serve hot food and beverages to the homeless in downtown Washington every night. Currently, St. Paul's Hunger Ministry operates its own "Grate Patrol" every Saturday and Sunday morning. Parishioners, using their own vehicles, deliver a bag breakfast and hot coffee to over 150 people right where they sleep. The Ministry also operates a "Thursday Night Supper Club." At this weekly dinner 20-30 homeless people are invited to St. Paul's for a family style, hot meal which they help prepare followed by fellowship and activities. For more information and to donate to St. Paul's Hunger Ministry, please call 202/337-2020.

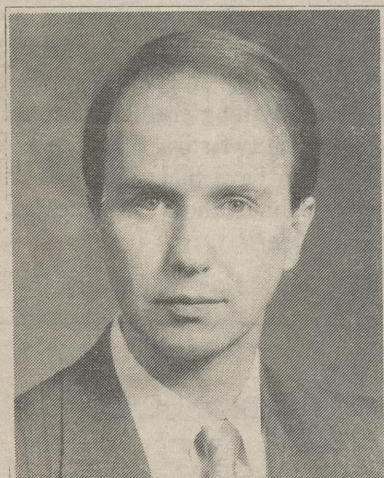
vent soreness and injury.

And, don't let the winter months deter you — shopping malls are a perfect place to fitness walk (during less crowd-

ed times). Check with your neighborhood mall — some even open their doors early and encourage walkers to come in before the crowds!

### At the Foggy Bottom Fall Festival:

Top row: Phil Stockslager, Mary Lamb, David Fothergill-Quinlan, Chris Lamb, Douglas Arseneault, Burnell Brooks and Taylor Brooks; second row: The Jazz Band, Bob Charles and Mary Healy; third row: Councilmember Bill Lightfoot, Ariana Lightfoot, and the Brazilian Music Group; fourth row: Harry Singleton, John & Johnnie Rice, Grace Watson & White Elephant Shoppers & Workers. (Photos by Bety Olsen)



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# Foggy Bottom Fall Festival





## P.T.P. (People Tackling Problems)

Beverly Sklover reports that the city has finally agreed to study the intersection of Virginia Avenue and 24th Street as a site for a pedestrian-activated traffic light. If enough people are counted using it, Federal funds can be used, so cross there again and again and again so the count will be high.

In the same vein, after three months of phone calls and struggle, the historic Cooper Houses, 2521-23 K Street, have been secured, fenced and debris cleared from the yard. Adjoining residents complained about the building which housed vagrants, but did nothing to take the steps to make it secure. After many hits and misses, a group of other interested neighbors met with Jim Zais, Ward 2 Government Services Coordinator, and some definite action was taken. The group included David Fothergill-Quinlan, Alice Tilson (both of the Bader, 2515 K Street) and ANC Commissioner Maria Tyler.

Maria Tyler, ANC 2A03 Commissioner, testified on September 27 before the D.C. Zoning Commission on the relationship of the planned unit development process and the historic preservation process. This was an open meeting called by the chairman of the D.C. Zoning Commission, Mr. Boasberg. She brought out some of the procedural issues that warrant the particular attention of the Commission. She also commented on the relationship between zoning and historic preservation in general and the need to tighten the rules and regulations.

Trash, trash everywhere and not a can in sight? The path of bureaucracy is slow and winding

hereabouts, but it grinds forward at times. Last February, David Fothergill-Quinlan approached Henrietta Zoltrow of the Foggy Bottom Association Board to ask how a couple of public trash cans could be installed on K Street between 24th and 26th Sts. There is a lot of pedestrian traffic on 24th Street and 25th Street where they cross K Street and people customarily drop whatever debris they have with them at these points. Ms. Zoltrow called the D.C. DPW and made the request. They told her they would do something. Nothing was done and David F-Q in July called DPW's Charles Mason and he said he would handle it but the ANC should send a letter of request. F-Q sent a letter to the ANC and they did send such a letter. In September, David F-Q once again braved the barricades of City Hall and was told that he must speak to Joseph O'Donnell. Mr. O'Donnell informed him that Mason did not

have jurisdiction and only he could get us trash receptacles. He said that the masonry cans were in short supply, but to write him a letter and he would take care of it. As of this writing, have you seen the wonderful new cans on K Street between 24th and 26th Streets?? No?? It is a pity that you can't see the invisible. DF-Q says that he will not stop trying to get the trash boxes if it takes an eternity or until he retires, whichever comes first!!!

The Westbridge Condominium, 2555 Pennsylvania Avenue, had its Annual Members Meeting, Wednesday, October 10th. Congratulations to returning incumbent board member Judy Maguire and new board member Sylvia Schloss.

—David Fothergill-Quinlan

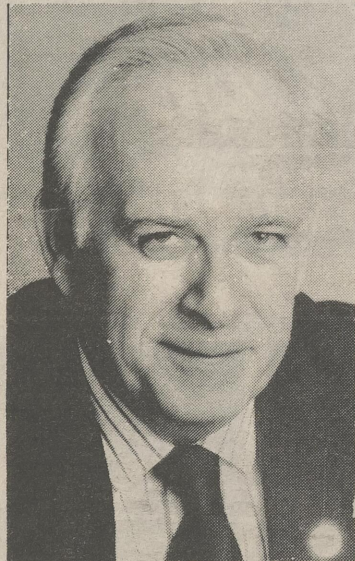


A good example of Citizen Accomplishment is the beautiful signs that have appeared on the principal gateway streets to the Foggy Bottom Historic District. The signs with a clean green background and crisp white logo of townhouses also include a map of the historic district; they are a nice addition to our community. Backed by the Board of the Foggy Bottom Association, Larry Myslewski worked out the arrangements with the city, worked on the design of the sign, and followed up until our signs were completed and posted.

**NOTE TO READERS:** Contributions to this column are invited and encouraged. If you have identified a problem in our area, have gotten it solved, or are trying to get it solved, let us know. (Call 337-5528 or 333-0204 and send article to West End Library.) Citizens and organizations trying to make things better is a hallmark of Foggy Bottom. Ed.

## Join The Foggy Bottom Association For 1990-1991

<b>Dues</b> <u>\$10.00</u> <b>Contribution</b> _____ <b>Total</b> _____  <b>Make checks payable to:</b> <b>The Foggy Bottom Association</b> <b>&amp; Mail to:</b>  <b>Grace E. Watson</b> <b>2521 Queen Anne's Lane</b> <b>Washington, D.C. 20037</b>	Mr. _____ Mrs. _____ Miss _____  Last Name First Name Initial  Street Address Apt. No. Washington, D.C. 20037  Business Telephone _____ Dues Year Residence Telephone _____ Ending June 30 1991
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## ANC-2A Meeting October 9, 1990

By Chris Lamb

**Iona House.** The Iona House Senior Services requested a \$500 grant for its annual information handbook entitled, "Resources for Older Residents of Northwest Washington, DC." Approximately 15,000 copies of the handbook will be printed when the document is published in mid-December. The ANC unanimously approved the grant.

**Lafayette Center.** Jay Hellman, owner of the Courtyard Restaurant in Lafayette Center, sought ANC support for his proposal to provide greenhouse enclosures of some of the courtyard tables. The restaurant is located between 20th and 21st Street and currently has seating for 180 and approximately 60 seats would be under the glass enclosure. The Zoning Commission has requested a formal application for the proposal, and the owner was seeking reaffirmation of the ANC support the received in 1988 when the project was initiated. The ANC unanimously reaffirmed its support.

**Kennedy Center Garage Repair Program.** Kennedy Center of-



ficials summarized efforts initiated recently to renovate its garage. Repairs will last three years, require the closure of a portion of the garage and reduce parking by 200 spaces. In the interim the Kennedy Center is building a parking lot on its south lawn. In addition, parking facilities at Columbia Plaza will be utilized, and an electric tramway will transport patrons to the Kennedy Center. A permit approving the renovations was issued by the Department of Public Works (DPW). The ANC unanimously passed a motion to request that the DPW revoke the permit to use the land for a parking lot and the tramway to transport patrons. (Pictured are two views of the work done so far.

**Red Cross Building.** Two years ago a historic designation application was prepared for the Red Cross building at 2025 E Street, NW. The building, completed in 1952, has a "Modern Classic" design. The application was not submitted because the Red Cross did not know what it wanted to do with the building. The site, which is owned by the Federal Government, will be taken over by the GSA. The ANC unanimously passed a motion to submit the application for historic designation.

September's meeting was not held because there was no quorum. Mr. Clapp, Ms. Schumacher and Ms. Sklover were the only attendees. A minimum of 4 ANC members is required for a quorum.

## As We Go to Press. . .

The *FBNews* has learned that the National Park Service, upon request of the city, has discontinued work on the Kennedy Center's tramway until it is discussed at the next meeting of the National Capital Plan-

ning Commission. That meeting is scheduled for November 1, 12:30 p.m., 1325 G Street, N.W. Details on how citizens can present their views to the NCPC were not known at press time; call Jim Zais, 939-8750, who is finding out about their procedures.



## You Always Miss Someone!

At the end of the FBA year, we try to tip our hats to all those who helped during that year — with the *FBNews* or any other FB project which needed doing. One we missed was St. Mary's Court, which does a great deal

for the community, including providing space for the *Foggy Bottom News* to be delivered to the neighborhood from a Silver Spring printing plant, and then counted, sorted and tied for delivery in bunches all over the neighborhood. Thanks, Barbara, Bill, and all your colleagues and residents for having us "visit" once a month.

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## The 2100 Block

By Marcia B. Kass

Le Gaulois and Tammany Hall —  
Where did they go? Where are they now?  
Victims all of the wrecker's ball  
Gone forever, gone!

Puglisi Barbers and Balkan Express  
Where did they go? Where are they now?  
Turned into rubble and leveled, I guess  
Gone forever, gone!

Where's Circle Theatre and Inner Circle, too  
National Uniform — nothing to do  
The old GHA gives way to the new  
Gone forever, gone.

Moonstone Bookcellar, the 21st Amendment  
Where did they go? Where are they now?  
S&L Luggage, which we all knew was a pawnshop  
Though it's transferred to 20th & K, it's a gone shop  
Gone forever, gone!

And what of the Washington Circle Market?  
For so many years it stood on that spot  
Redevelopment, thanks a lot  
For robbing us of our history  
Though you put up offices and shopping malls  
In place of book and vegetable stalls  
It really is no mystery.

You can bet on it, in a decade or two  
The next generation will grow tired of you  
And will send again for the dynamite crew  
You'll be gone forever, gone?



And then there were none!

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## Neighborhood Datebook

**Saturday, October 27:** Concert by the Choir of Men & Boys, St. Alban's Cathedral, England, featuring works of Parry, Wesley and Handel. St. Paul's Episcopal Church, 2430 K Street, N.W. Donation requested. 8:00 p.m. (See article elsewhere in this issue.)

**Monday, October 29:** Foggy Bottom Association meeting, St. Paul's Parish, 2430 K Street, N.W., 8:00 p.m.

**Sunday, October 28:** Panel discussion on caring for homeless and the mentally ill, with slide presentation by Dr. Kenneth Forelick. United Church, 20th & G Street, N.W., following 11:00 a.m. service.

**Monday, October 29:** "Amazonia," a documentary on the geography of the Colombian Amazon region, directed by Camilo Dominguez. IMF Visitors' Center, 700 19th Street, N.W., 12:00 noon.

**Monday, October 29:** Entrepreneurship Program featuring John M. Camp, partner in the private New York investment firm, the Jordan Company. Sponsored by GWU School of Business and Public Management. University Club, Marvin Center, 3rd floor, 800 21st Street, N.W.; \$15; 6:00 p.m.

**Tuesday, October 30:** International Concert Series presents Brazilian pianist Licia Lucas performing works by Scarlatti, Schubert, Debussy, and Villa-Lobos. IMF Visitors' Center, 700 19th Street, N.W., 1:00 p.m.

**Thursday, November 1:** Music at Noon concert, featuring the Loaded Roller band with a "Rhythm & Blues Extravaganza." Western Presbyterian Church, 1906 H Street, N.W. 12:15 p.m. Phone 842-0069/0068.

**Friday, November 2:** Lecture on cosmetic surgery, covering who should consider it, what a patient can expect, and the risks. GWU Hospital Auditorium, 2300 Eye Street, N.W., 12:00 noon. Phone 202-994-3415.

**Tuesday, November 6:** Verdi's "La Traviata," fully staged and performed in English by the Prince George's Opera. Muriel Von Villas, GW Professor of Music, is Opera's Artistic Director. Lisner Auditorium, 21st & H Streets, N.W.; \$15; series prices also available. Phone 994-6800.

**Wednesday, November 7:** "Lisner at Noon" concert, featuring authentic Spanish dances from all regions of Spain, by the Spanish Dance Society, directed by Marina Keet. Lisner Auditorium, 21st and H Streets, N.W.; 12:15 p.m. Phone 994-6800.

**Thursday, November 8:** Music at Noon concert, by Ronn McFarlane, lutenist, recording artist and member of the Baltimore Consort. Featured will be music for lute by Renaissance and Baroque

composers such as John Dowland, William Byrd, Alessandro Piccinni, and Scottish music of the 17th century. Western Presbyterian Church, 1906 H Street, N.W., 12:15 p.m. Phone 842-0069/0068.

**Thursday, November 8:** Reading by Jessica Hagedorn, poet, performance artist and fiction writer, from her novel "Dogeaters" and other works. Marvin Center, Room 403, 800 21st Street, N.W., 8:00 p.m.

**Saturday-Sunday, November 10-11:** Annual bazaar, St. Stephen Martyr Church, 25th & Pennsylvania Ave., N.W.

**Tuesday, November 13:** ANC 2A Meeting, Marvin Center, Room 403, 800 21st Street, N.W., 7:30 p.m.

**Thursday, November 15:** Music at Noon concert, by Bella Shiuk, pianist, of the Levine School of Music, performing music by Beethoven, Rachmaninoff and Khatchaturian. Western Presbyterian Church, 1906 H Street, N.W., 12:15 p.m. Phone 842-0069/0068.

**Thursday-Saturday, November 15-17:** Fall dance concert, directed by guest artist-in-residence Mino Nicholas. Student choreography also will be featured. Marvin Theatre, 800 21st Street, N.W.; general admission, \$8; students/senior citizens, \$5; 8:00 p.m. Phone 994-8072.

**Friday, November 16:** Performance by Peter Allen, song and dance man who performed with the Rockettes and in "Legs Diamond." Lisner Auditorium, 21st & H Streets, N.W. \$22; series prices also available. Phone 994-6800.

**Sunday, November 18:** Concert by GWU Community Orchestra, conducted by William Wright, featuring classical music selections by Rossini, Grieg and Haydn. Marvin Theatre, 800 21st Street, N.W., 3:00 p.m.

**Sunday, November 18:** Concert by The Troubadours, GWU's a cappella group directed by Catherine Pickar, featuring close harmony and vocal jazz selections. Marvin Theatre, 800 21st Street, N.W., 8:00 p.m. Tickets required; phone 994-6245.

**Thursday, November 29:** Reading by Alan Cheuse, book commentator for National Public Radio's "All Things Considered," from his newest work, "The Light Possessed." Marvin Center, Room 403, 800 21st Street, N.W. 8:00 p.m.

**Friday, November 30:** Winter concert by University Singers, directed by Catherine Pickar, performing Messiah sing-along. Free, but tickets required; phone 994-6245. 8:00 p.m.

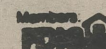
**Saturday, December 1:** Concert by National  
(continued on next page)

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## GW Hosts "Disability Awareness Week"

Disabled students attending The George Washington University will highlight their capabilities during "Disability Awareness Week," October 29 to November 2.

"The week is to foster awareness, and promote an understanding of persons with disabilities, as well as the accessibility of GW's campus," says Christy Willis, director of GW's Disabled Student Services (DSS).

During the week, student-run panels and discussion groups will cover topics from special education to AIDS. Exhibitors will offer the latest in adaptive equipment at an adaptive technology fair. On Friday, November 2, disabled entertainers will dramatize their lives through rap music and a one-act play, "Horse of a Different Color."

The week opens with a basketball fundraiser, Monday, October 29 at GW's Smith Center with the Warriors, a professional wheelchair basketball team. The Warriors meet a GW all-

star line-up of fraternity members in a lively game of wheelchair basketball to help raise funds for new adaptive equipment for the University. Tickets are \$3 at the door. The game begins at 7:30 p.m.

"The Warriors have already presented a challenge," says Willis. "They say they will spot us whatever number of points they score in the first half and still beat us." No able-bodied team has scored against the professional wheelchair basketball team in 10 years.

More than 1.3 million disabled students attend colleges and universities nationwide. Last year GW aided 172 disabled students, says Willis, providing such services as oral and sign language interpreters in the classroom, readers to the blind, scribes to take notes for the physically challenged and adaptive equipment such as voice synthesizers and computers with enlarged print to help people with other disabilities.

## Bazaar at St. Stephen's

St. Stephen's annual bazaar will be held on November 10-11, 1990 in the parish hall of the church (entrance on 25th Street). It is a time when many of the affluent residences of Foggy Bottom exchange treasures at bargain prices. There will be baked goods, and full participation by most of the church members. Everyone is welcome to shop and visit in this very popular annual event.

## Recorder Classes at United Church

Again this fall the Monday Recorder Group will have classes for beginners on Monday evenings at United Church, 20th & G Streets, N.W. Open to people who have no musical experience, the classes cover basic musical notation as well as techniques for playing the recorder (an increasingly popular instrument which is simple but elegant). Dues are \$3 per month; call Paul Johnson at 863-0279 or Virginia Singer at 265-9210 for more information.

## Scheduled Yard Waste Collection Begins

Over 100,000 District households will receive a new service the Department of Public Works is providing as the next phase of the city's recycling program.

Starting early in October, the department began collecting yard waste from households on a regularly-scheduled basis. Each ward of the city is divided into two sections and citizens will place their yard waste out on alternating weeks according to the section in which they live.

Residents living in single family households are receiving a mailing which contains a map of all eight wards and the corresponding yard waste collection schedule.

Citizens are asked to place yard waste — leaves, grass clippings and other plantings — in

plastic bags for collection. The city crews will collect the yard waste separately from regular trash and newspapers.

It is estimated that this program will divert approximately 10,000 tons of yard waste from the landfill, thereby saving valuable space that can be used for non-recyclable trash.

ALSO — it will help the crews if the yard waste bags are identified as such by having an appropriate sign placed on them. According to the schedule, our area's dates for the rest of the year are: October 29, November 12 & 26, and December 10 & 24.

Remember, the pickup day for yard waste is MONDAY (regular trash is picked up on Tuesdays and Fridays).

## Support Our Advertisers

### Neighborhood Datebook (continued from preceding page)

Music Arts chamber ensemble, presenting the musical legacy of Mexico. The program will include "Tzicuri" by Manuel Enriquez; music by Carlos Chavez, Mario Lavista and Silvestre Revueltas; and arias from the earliest operas written on the American continent by Manuel Zumaya, whose first opera dates from 1701. Manuel Enriquez will speak at an informal "Meet the Composer" session at 7:00 p.m. prior to the concert. National Academy of Sciences, 2100 C Street, N.W., 8:00 p.m.

**Thursday-Sunday, November 1-4:** Washington debut of "Stars in the Morning Sky" by Soviet playwright Alexander Galin. Directed by Jiri

Fisher, Czechoslovakian actor/director known for his role as Anton Capek on "As the World Turns." Marvin Theatre, 800 21st Street, N.W.; general admission, \$8; students/senior citizens, \$5; 8:00 p.m. (Sunday, 2:00 p.m.). Phone 994-8072.

### Continuing Exhibit

**Through Thursday, November 1:** "Popular Art of the Andes: Retablos by Nicario Jimenez," display of colorful Andean wooden boxes used for social and political commentary as well as religious purposes. Colonnade Gallery, 3rd floor, Marvin Center, 800 21st Street, N.W., 10:00 a.m. to 8:00 p.m. daily.

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## Crime Report & Prevention

### September Crime Report

The criminal activity reported in and around Foggy Bottom residential areas for September 1990 includes:

#### Burglaries/Thefts in Homes

9/4 1101 N Hampshire  
9/5 2030 F St  
9/6(\*) 2138 G St  
9/9 2201 Va Ave  
9/15(\*) 900 24th St  
9/17 1195 F St  
9/28 2034 G St

#### Roberries In Public Places

9/7 900 23rd St 11:20p  
9/14 1900 Blk H St 8:50p  
9/15 2400 Va Ave 4:00p  
9/24(\*) 1133 NHampshire 3:45p  
9/30 735 23rd St 3:15a  
9/30 21st & L 4:00p

#### Assault With A Deadly Weapon

9/12 2401 H St 9:00p  
9/19(\*) 17th & E 10:15p  
9/21 23rd & Pa Ave 3:05p  
9/27 21st & I 11:30p

#### Simple Assault

9/11(\*) 532 20th St 1:00a  
9/15(\*) 25th & Pa Ave 4:45p  
9/16 24th & Pa Ave 5:45p  
9/17(\*) 2100 M St 2:00a

#### Automobiles

5 cars stolen from lots/  
garages  
8 cars stolen from streets  
55 thefts of property from  
cars parked on streets  
10 thefts from cars parked  
on private property

While most of these crimes go unsolved, some arrests have been made. An asterisk (\*) notes those instances where an arrest has been made.

Arrests are more likely if you report any suspicious activity to the Metropolitan Police at 727-4327 and emergencies at 911.



### Overall Criminal Activity Is Increasing

Our neighborhoods, like the rest of the city, experienced an upswing in crimes during the past summer. The great majority of these crimes continue to involve car thefts and thefts from cars. No amount of warning seems to cause these car owners to be more cautious about leaving valuable items visible to would-be thieves.

### Police Protection and the November General Election

Almost everyone has a theory on why this city is experiencing so much crime. It is interesting, though, that no one has a firm answer on how to address our crime problem.

A strong (new) mayor and city council will significantly influence the city's ability to fight crime. They will have the power to support the police department with the needed personnel and equipment. Our responsibility, then, is to elect those officials who will support our police department.

As you make your election day choices, remember the rising crime levels and the inadequate police protection. Ask the candidates about their position on additional staffing and funding for the police department. And remember to vote Tuesday, November 6.

## From By-Gone Days

### Signum Iustitiae Restitutae

(Reprinted from October 1958 Foggy Bottom News)

In our Foggy Bottom rambles we often tarry for a while in the little park at Virginia and 20th to contemplate the classic beauty of a Greek discus thrower in bronze that stands there.

After puzzling over the inscription rather futilely, with our little Latin and less Italian, we decided to track down the whole significance of the lovely young man. So we talked to Miss Carmel Sullivan of the State Department and Dr. Gabriele Paresce, cultural attache of the Italian Embassy, and this is what they told us:

The statue is a reproduction of the famous work of Greek antiquity, "Discobolus" — discus thrower — by Myron, the Greek sculptor. The original, created around 500 B.C., was lost, and it has come down to posterity as a reproduction in marble made by a Roman sculptor.

Our copy of Discobolus is a reproduction of the Roman marble, and like the Greek original is cast in bronze. It is a gift "from the Italian people to the American people, February 28, 1956." This is inscribed in Italian on the east face of the base: GLI ITALIANI AL POPOLO AMERICANO - 28 FEBBRAIO 1956.

The Latin inscription, on the west face — SIGNUM IUSTITIAE RESTITUTAE -- XXII-II-MCMXLVIII -- may be construed in prosaic English style, "In sign of just restitution." The sentiment refers to art treasures that were carted away

by Hitler's troops and later found in a cave in Germany by GI's after World War II. "Just restitution" of the marble version of Discobolus and many others was made to Italy by the United States.

The casting of our copy of the Discus Thrower was done by the Bearzi Foundry in Florence. The bronze was entirely chiseled, in the same way that such art objects were finished during the Renaissance. This work required six months, and the founder as well as his two embossers refused to be paid, and accepted only the reimbursement of costs, because they knew that the statue was to be donated to the United States as a token of gratitude for the return of masterpieces.

After the chiseling was completed, the bronze statue was given natural finish by burying it in soil for five months and keeping it for six months thereafter in the open air. In this way the statue acquired a permanent finish similar to that of antique bronzes.

The City of Rome contributed

the pillar of African gray granite topped by a white marble capital upon which the statue is mounted. They were both found in archaeological excavations in Rome. The base of the statue is of Roman travertine.

During his state visit to the United States in February and March of 1956, President Gronchi presented the statue to President Eisenhower who had it placed in the park in front of the new Department of State.

### NEXT ANC MEETING

Tuesday  
November 13  
7:30 p.m.

Marvin Center  
Room 403  
800 21st Street, N.W.

Western Presbyterian Church  
1906 H Street, N.W.  
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